



September 2019

E-Cigarette/Vaping Use IN THE NORTHWEST TERRITORIES

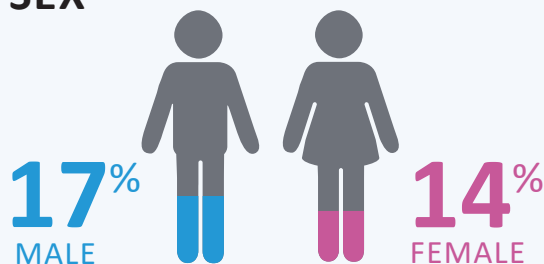
What is shown here?

Information displayed is based on individuals that identified they have used electronic cigarettes at least once in their life.

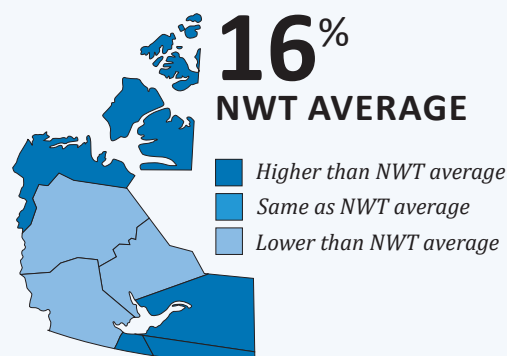
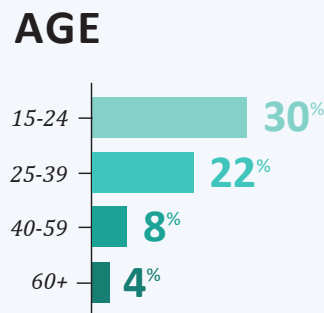
IN 2018

PERCENTAGE OF NWT RESIDENTS WHO HAVE TRIED E-CIGARETTES AT LEAST ONCE

SEX

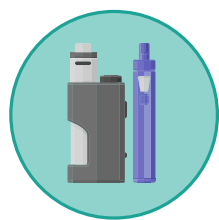


AGE



USE

WHY ARE NWT RESIDENTS USING E-CIGARETTES?



50%
Curious



22%
Perceived less harmful



21%
Help quit smoking



20%
Like flavours



15%
More affordable

DID YOU KNOW?



Nicotine use in young adults can **negatively affect brain development**



E-cigarettes are **not an approved** smoking cessation method

18% of NWT residents did not know if their e-cigarettes contained nicotine

56% of NWT residents said their e-cigarettes contained nicotine

Nicotine in e-cigarettes is highly addictive.

NEED HELP QUITTING?
Call the confidential, toll-free Quit Line at 1-866-286-5099.

E-cigarettes and vaping exposes users to harmful chemicals.

INDICATOR SOURCE: NWT Bureau of Statistics: 2018 Tobacco, Alcohol & Drug Survey. INDICATOR DEFINITION: Electronic cigarette use is the proportion of people aged 15 and over who self-reported using e-cigarettes at least once.